



Beetroot - Golden Detroit

A unique variety of beetroot that dates back to the 1820s. Prefers an open sunny position in loose soil. Dig lots of fertiliser, well rotted manures or compost through the garden bed a few weeks prior to sowing. Don't over fertilise the plant when they are growing as this will encourage leafy growth at the expense of root formation. Water regularly. These golden yellow beets are rich in flavour, taste very sweet and won't bleed like red beets. Great cooked and sliced in salads and sandwiches, roasted or pickled. Young leaves are also delicious eaten raw in salads, and older leaves can be cooked as a green vegetable.

ERINDALE COMMUNITY GARDEN