



Borage

Borage is an edible herb, the young leaves have a cool cucumber flavour, and are ideal to add to salads. The flowers are also edible and can be crystallised to use as cake decorations.

Borage thrives in a sunny position and needs well drained soil.

The leaves are hairy and may cause contact dermatitis for people with sensitive skin, so wear gloves when handling the plant.

There is no need to fertilise or add organic matter. Remove faded flower heads to promote more blooms to form.

ERINDALE COMMUNITY GARDEN