



Calendula

Calendula grow to around 40-45cm tall, and prefer rich soil in a sunny spot in your garden.

Remove spent flowers regularly to encourage further blooms.

Cut flowers as soon as they are fully open, preferably in the late morning.

Calendula blossoms are edible, and can be used to add bright orange colour to rice or potato dishes, or snip them onto soups or salads for extra flavour and nutrition. Do not consume the leaves of the calendula plant as they are toxic.

Elderly plants can suffer from powdery mildew and other fungal ailments, and it is best to send them to the compost pile and grow fresh replacement plants in a new place.

ERINDALE COMMUNITY GARDEN