



Common Mint

Mint has an invasive root system and will soon take over your garden; it is a good idea to keep it in pots. It grows best in rich, moist soil and prefers an area that gets some shade. Keep the soil moist.

The flavour of your mint will be more intense with less feeding; but if your plants are looking hungry apply fertiliser and top dress with compost.

Pick regularly to encourage new growth. Keep them well trimmed.

They may become dormant and woody in extreme weather, prune them at this time. They will produce again when the weather is more temperate.

Mint can be chopped or cut in thin ribbons added to vegetable salads, pesto, sauces, marinades and pasta. It pairs well with fruit or chocolate, and can also be made into a tea.

ERINDALE COMMUNITY GARDEN