



Dwarf Bok Choy

Bok choy is a fast growing leafy vegetable with deep green leaves and small yellow flowers.

Plant in well drained soil that gets at least six hours of sunlight a day. Add compost before planting.

Water regularly, keeping the soil moist but not drenched. Fertilise with a balanced fertiliser before planting, and again about one month after planting.

Add a thick layer of mulch around plants as they emerge. This will keep the plants from bolting.

The outer leaves can be harvested as needed, or the entire plant can be cut.

Dwarf bok choy can be used in stir fries, salads and noodle dishes.

ERINDALE COMMUNITY GARDEN