



Garlic

Garlic can be planted in autumn, for harvesting in late spring-summer. Break apart the bulb into individual cloves and plant pointy end up, approx 7cm apart. Cover with about 7cm soil. Garlic requires well drained, enriched soil in full sun. Water your garlic regularly and fertilise during the growing season, especially in spring. When the foliage begins to brown off, cut back on the water and fertiliser.

Harvest when there are 4-5 green leaves left, or when the stems become soft and wilted at the base. Keep the harvested garlic in a dark dry place for about 6 months.

Crush or slice and add to oils, soups, sauces and casseroles. Roast the whole head and keep the sweet paste in the refrigerator for up to 2 weeks.

ERINDALE COMMUNITY GARDEN