



Radish - French Breakfast

Choose a growing site in full sun or light shade. Work fertiliser through the soil prior to sowing, but avoid adding any further fertiliser or your radishes will produce leaves at the expense of root formation. Keep evenly and regular watered to maintain quick growth and prevent radishes splitting. Your first radishes will be big enough to harvest 4 to 5 weeks after sowing. If left too long in the ground, flavour becomes pithy. The radishes can be eaten whole as a raw snack, or sliced and served with dips or grated into a salad. Grilling or roasting can bring out sweetness, and leaves can be eaten as a cooked green vegetable.

ERINDALE COMMUNITY GARDEN