



Rocket

An edible herb with lobed leaves that have a strongly pungent flavour. Leaves are best consumed when young, as they become quite bitter and more peppery as they mature.

Rocket needs to be watered regularly; use mulch to help retain soil moisture. Feed weekly with a liquid fertiliser.

Harvest the outer leaves first, and pick individual leaves regularly.

Leaves will be ready to harvest after 6 weeks, although the younger leaves can be picked sooner. Leaves are popular in mesclun style salads, and also go well with parmesan, walnut and pear. It can be added to cooked dishes including pasta and pizza, and can be turned into a pesto.

ERINDALE COMMUNITY GARDEN