



Lettuce Cos Green

Lettuce needs a well drained soil with loads of organic matter, a bit of a seaweed feed and some mulch.

Lettuce are heavy feeders as they grow quite rapidly. Feed the plant fortnightly using a manure/compost tea. You can also add half strength seaweed solution at planting time which will encourage robust root growth.

Water frequently, especially in hot or windy weather. Keep the area well mulched. Watch out for snails! Cos lettuce take about 10-11 weeks to grow up, and outer leaves can be harvested while the lettuce is still growing.

Lettuce can be eaten raw, although for something different, try cutting it in half lengthways and grilling the cut half on the BBQ.

ERINDALE COMMUNITY GARDEN